



@ The Hop

**Description:** 48 Count, 4 Wall, Beginner/Intermediate Line Dance  
**Choreographer:** Carmel Hutchinson

**Music:** At The Hop By: Danny & The Juniors

**Class Instructor:** Dee Blansett, Chardon, OH  
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**¼ Turn Left, Step Behind, ¼ Turn Right, Hold; ¼ Turn Right, Step Behind, ¼ Turn Left, Hold**

- 1 - 2 Step Right forward ¼ turn left (1), Step Left behind right (2)
- 3 - 4 Step Right ¼ turn right (3), Hold (4)
- 5 - 6 Step Left forward ¼ turn right (5), Step Right behind left (6)
- 7 - 8 Step Left ¼ turn left (7), Hold (8)

**Step, ½ Turn, Step, Hold, Run, Run, Run, Hold**

- 1 - 4 Step forward Right (1), Step ½ turn left (2), Step forward Right (3), Hold (4)
- 5 - 8 Running steps forward – Left, Right, Left (5-6-7), Hold (8)

**¼ Turn Left, Step Behind, ¼ Turn Right, Hold; ¼ Turn Right, Step Behind, ¼ Turn Left, Hold**

- 1 - 2 Step forward Right ¼ turn left (1), Step Left behind right (2)
- 3 - 4 Step Right ¼ turn right (3), Hold (4)
- 5 - 6 Step forward Left ¼ turn right (5), Step Right behind left (6)
- 7 - 8 Step Left ¼ turn left (7), Hold (8)

**Step, ½ Turn, Step, Hold, Run, Run, Run, Hold**

- 1 - 4 Step forward Right (1), Step ½ turn left (2), Step forward Right (3), Hold (4)
- 5 - 8 Running steps forward – Left, Right, Left (5-6-7), Hold (8)

**Step Forward, Hold, ½ Turn Right, Hold, ½ Turn Right, Hold, ¼ Turn Right, Hold**

- 1 - 4 Step forward Right (1), Hold (2), Step Left forward ½ turn right (3), Hold (4)
- 5 - 8 Step back Right into ½ turn right (5), Hold (6), Step forward Left ¼ right (7), Hold (8) weight on left

**Forward Right & Left Toe-Heel Struts**

- 1 - 4 Touch Right toe forward (1), Drop Right heel (2), Touch Left toe forward (3), Drop Left heel down (4)
- 5 - 8 Touch Right toe forward (5), Drop Right heel (6), Touch Left toe forward (7), Drop Left heel down (8)

**Repeat!**