



Cowgirl's Twist

Description: 32 Count, 4 Wall, Ultra Beginner Line Dance

Choreographer: Bill Bader

Music: What The Cowgirls Do By: Vince Gill [152 bpm]

Do You Love as Good as You Look? By: The Bellamy Brothers [121 bpm]

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(RIGHT & LEFT) HEEL-TOE STRUTS (4X)

1 - 2 Step Right heel forward (1), Drop Right toe down (2)

3 - 4 Step Left heel forward (3), Drop Left toe down (4)

5 - 6 Step Right heel forward (5), Drop Right toe down (6)

7 - 8 Step Left heel forward (7), Drop Left toe down (8)

WALK BACK (3X), STEP TOGETHER

1 - 4 Walk back Right (1), Walk back Left (2), Walk back Right (3), Step Left together (4)

SWIVEL WALK LEFT, CLAP; SWIVEL WALK RIGHT, CLAP

1 - 4 Swivel heels left (1), Swivel toes left (2), Swivel heels left (3), Clap Hands (4)

5 - 8 Swivel heels right (5), Swivel toes right (6), Swivel heels right (7), Clap Hands (8)

SWIVEL HEELS LEFT, CLAP, SWIVEL HEELS RIGHT, CLAP, SWIVEL HEELS (DOWN-DOWN), SWIVEL HEELS (UP-UP)

1 - 2 Swivel both heels left (1), Clap (2)

3 - 4 Swivel both heels right (2), Clap (4)

5 - 6 Swivel both heels left (5), Swivel both heels right (6)

7 - 8 Swivel both heels left (7), Swivel both heels back to center (8)

STEP FORWARD, HOLD, PIVOT ¼ TURN LEFT, HOLD

1 - 2 Step forward Right (1), Hold (2)

3 - 4 Pivot ¼ turn left – weight on Left (3), Hold (4)

Repeat!