

My New Life



Description: 48 Count, 4 wall, beginner line dance
Choreographer: John Offermans

Music: High Class Lady by: The Lennerockers [160 bpm]

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STEP-LOCK-STEP, BRUSH (2X)

1 – 4 Step fwd. on Right (1), Lock/Step Left behind right (2), Step fwd. Right (3), Brush Left fwd. (4)
5 – 8 Step fwd. on Left (5), Lock/Step Right behind left (6), Step fwd. Left (7), Brush Right fwd. (8)

ROCK FORWARD-RECOVER, BACK TOE STRUTS

1 – 2 Rock forward on Right (1), Recover back onto Left (2)
3 – 4 Step Right toe back (3), Lower Right heel down (4)
5 – 6 Step Left toe back (5), Lower Left heel down (6)
7 – 8 Step Right toe back (7), Lower Right heel down (8)

SLOW COASTER STEP, HOLD, STEP FORWARD, PIVOT ½ TURN LEFT, STEP FORWARD, HOLD

1 – 4 Step back on Left (1), Step Right beside left (2), Step forward Left (3), Hold (4)
5 – 8 Step forward Right (5), Pivot ½ turn left - weight on Left (6), Step forward Right (7), Hold (8)

STEP FORWARD, PIVOT ½ TURN RIGHT, STEP FORWARD, HOLD, PRISSY WALK WITH HOLDS

1 – 4 Step forward Left (1), Pivot ½ turn right – weight on Right (2), Step fwd. Left (3), Hold (4)
5 – 8 Cross/Step Right over left (5), Hold (6), Cross/Step Left over right (7), Hold (8)

CROSS-STEP-CROSS, HOLD, DIAGONAL TOE STRUTS

1 – 4 Cross Right over left (1), Small step Left side left (2), Cross Right over left (3), Hold (4)
5 – 8 Step Left toe to left diagonal (5), Drop Left heel (6), Cross Right toe over left (7), Drop Right heel (8)

DIAGONAL TOE STRUTS, STEP SIDE, STEP ¼ TURN RIGHT, STEP FORWARD, BRUSH

1 - 4 Step Left toe diagonally fwd. left (1), Drop Left heel (2), Cross Right toe over left (3), Drop Right heel (4)
5 - 8 Rock Left side left (5), Step Right ¼ turn right (6), Step fwd. Left (7), Brush Right forward (8)

Repeat!