

Ooh Poo Pah Doo

Description: 48 Count, 2 wall, beginner/intermediate line dance
Choreographer: Violet Ray

Music: Ooh Poo Pah Doo By: Taj Mahal
Begin the dance on the word "Doo"

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SIDE ROCK, RECOVER, SAILOR STEP (2X), KICK BALL STEP

1-2 Rock right foot out to right side, recover on left foot
3&4 Cross right foot behind left foot, step ball of left foot to left side, step right foot to right side
5&6 Cross left foot behind right foot, step ball of right foot to right side, step left foot to left side
7&8 Kick right foot forward, step ball of right foot next to left foot, step left foot forward

TOE STRUTS FORWARD (3X), KICK BALL CROSS

1-2 Touch ball of right foot forward, press right heel down
3-4 Touch ball of left foot forward, press left heel down
5-6 Touch ball of right foot forward, press right heel down
7&8 Kick left foot forward, step left foot next to right foot, cross right foot over left foot

UNWIND ½ LEFT WITH SHOULDER SHRUGS, COASTER STEP

1-6 Slowly unwind ½ to left on balls of both feet for 6 counts and at same time, shrug shoulders 6 times, ending with weight on right foot (6:00 Wall) Styling: hold arms down and out to sides with palms down
7&8 Step left foot back, step right foot next to left foot, step left foot forward

LOCK STEPS FORWARD RIGHT & LEFT

1-2 Step right foot forward diagonally right, cross left foot behind right foot
3&4 Step right foot forward diagonally right, cross left foot behind right foot, step right foot forward diagonally right
5-6 Step left foot forward diagonally left, cross right foot behind left foot
7&8 Step left foot forward diagonally left, cross right foot behind left foot, step left foot forward diagonally left

ROCK, RECOVER, ½ TRIPLE TURN, ¼ PIVOT TURN, ¼ PIVOT TURN

1-2 Rock forward on right foot, recover on left foot
3&4 Execute triple step while turning ½ right (right, left, right) (12:00 Wall)
5-6 Step left foot forward, pivot turn ¼ to right ending with weight on right foot (3:00 Wall)
7-8 Step left foot forward, pivot turn ¼ to right ending with weight on right foot (6:00 Wall)

ROCK, RECOVER, ½ TRIPLE TURN, ¼ PIVOT TURN, ¼ PIVOT TURN

1-2 Rock forward on left foot, recover on right foot
3&4 Execute triple step while turning ½ to left (left, right, left) (12:00 Wall)
5-6 Step right foot forward, pivot turn ¼ to left ending with weight on left foot (9:00 Wall)
7-8 Step right foot forward, pivot turn ¼ to left ending with weight on left foot (6:00 Wall)

Repeat!