

Tush Push

Description: 40 Count, 4 Wall, Line Dance

Music: Walk Softly On This Heart of Mine by: The Kentucky Headhunters [126 bpm]
Mama Don't Get Dressed Up For Nothing by: Brooks & Dunn [126 bpm]
Baby I'm Burning by: Dolly Parton [134 bpm]
I Wanna be a Cowboy by: Boys Don't Cry [141 bpm]

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HEEL TAP, TOE TOUCH, 2 HEEL TAPS (RIGHT & LEFT)

- 1 - 2 Tap Right heel forward (1), Touch Right toe to the instep of left foot (2)
- 3 - 4 Tap Right heel forward - Twice (3-4)
- 5 - 6 Tap Left heel forward (5), Touch Left toe to the instep of right foot (6)
- 7 - 8 Tap Left heel forward - Twice- (7-8)

ALTERNATING HEEL TAPS (R,L,R), CLAP

- 1 Tap Right heel forward (Pull right foot back to center - switch weight to right foot)
- 2 Tap Left heel forward (Pull left foot back to center - switch weight to left foot)
- 3 - 4 Tap Right heel forward (3), Clap Hands (4)

RIGHT & LEFT DOUBLE BUMPS, HIP ROLLS (FIGURE EIGHT)

- 1 - 2 Step forward on Right and bump hips right - twice (1-2)
- 3 - 4 Rock back on Left foot and bump hips left - twice (3-4)
- 5 - 8 Roll Right hip forward (5), Roll Left hip backward (6), Roll Right hip forward (7), Roll Left hip backward (8)
(figure eight)

SHUFFLE STEP FORWARD (R,L,R), ROCK STEP, SHUFFLE BACKWARD (L,R,L) ROCK STEP

- 1 & 2 Shuffle step forward Right (1), Left (&), Right (2)
- 3 - 4 Rock forward on Left foot , step back on Right foot
- 5 & 6 Shuffle step backward Left (5), Right (&), Left (6)
- 7 - 8 Rock back on Right (7), Step forward on Left (8)

SHUFFLE STEPS, ½ TURN, SHUFFLE STEPS ¼ TURN,

- 1 & 2 Shuffle step forward Right (1), Left (&), Right (2)
- 3 - 4 Step forward on the Left foot (3) Make ½ turn to the right stepping on Right (4)
- 5 & 6 Shuffle step forward Left (5), Right (&), Left (6)
- 7 - 8 Step forward on the Right foot (7), Make ¼ turn to the left, stepping on Left (8)

STEP FORWARD RIGHT, ½ TURN, STEP , CLAP

- 1 - 2 Step forward on the Right foot (1), Pivot ½ turn to the left - weight on Left (2)
- 3 - 4 Step Right foot down next to left (3), Clap hands (4)

Repeat!